

# KID NATION

## LESSONS



### Objective

TALKING ABOUT  
**SIBLINGS**  
AND FAMILY  
DYNAMICS

### Intro

Do you  
think it's  
better to be  
an older or  
younger  
sibling?

### Video

**CAUGHT  
IN THE  
MIDDLE**

### Activity

Students fill  
out attached  
worksheet  
individually

### Discussion

Regroup and  
**discuss** the first  
four questions  
together. Then  
have students  
explore the final  
question in pairs.

### Takeaway

**WHETHER**  
YOU'RE AN ONLY  
CHILD OR HAVE  
**SIBLINGS,**  
EVERYONE HAS  
**STRENGTHS**  
AND STRUGGLES

# MY FAMILY

Draw a picture of your family and label them.  
Be sure to include any pets you have!

A large, empty rectangular box with a thin green border, intended for a child to draw a picture of their family and label the members.

# CAUGHT IN THE MIDDLE



## DISCUSSION QUESTIONS

### QUESTION 1

What are some good things about having siblings?

### QUESTION 2

What are some challenging things about having siblings?

### QUESTION 3

What can you do when you feel like you aren't being heard?

### QUESTION 4

Why does the singer feel like being the middle child is hard?

### LET'S DISCUSS!

Let's discuss! Turn to a classmate or ask a friend. Do you have siblings? Talk about who's in your family.