

University of Utopia

How to Lead a Purposeful Life

Professor Thomas Boyle

Week One Finding Purpose and Meaning in Life

3 videos, 3 Harvard article readings, 3 movies, 1 PDF

Videos

1. [Denzel Washington](#)
2. [Chadwick Boseman](#)
3. [Joseph Badaracco](#)

Eze: <https://juliasalbum.com/beautiful-eze-village-in-southern-france/>

Harvard Article Readings

4. Harvard Article Reading: Life's Work, Tina Turner
5. Harvard Article Reading: Life'Work, Wynton Marsalis
6. Harvard Article Reading: *We Don't Need Another Hero*, Joseph Badaracco

Movies

7. Movie: [A Long To Freedom](#)
8. Movie: [Marshall -- Chadwick Boseman](#)
9. Movie: [Lillies of the Field](#)

Book Excerpt: PDF

Week Two Secrets to Success and Happiness

4 videos, 4 Readings

Videos

1. [Jacinda Ardern](#)
2. [Admiral McLaren](#)

3. Joseph Badaracco

4. J.K. Rowling

Harvard Article Readings

Harvard Article Reading:Tending Your Own Inner

Harvard Article Reading:What Kind of Happiness Do People Blue Most?

Harvard Article Reading: Happiness Traps

Harvard Article Reading:The Secrets to Clay Christensen

SUCCESS

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