"The mystic is choiceless.
His only worship is for the heart."

How would our lives change if we embraced the divine within us?
How can we find comfort during the hardest stretches of our spiritual path?

In *Wisdom of a Mystic*, Arazi Pinhas tells the intimate tale of heartbreaks and hardships that ultimately led to his spiritual awakening. Inspired by this experience, his book extends an invitation to look inward, to the depths of consciousness, as a way to connect with the richness of our own being.

Each passage was birthed through Pinhas and marks a step in the path towards self-realisation, a journey in which devotion—the very essence of Bhakti Yoga—is a guiding light. The verses remind us that the wisdom we seek is hidden in plain sight and that spirituality can—and should—be informed by our most mundane experiences. This book is a celebration of vulnerable authenticity and a testimony to the fact that our darkest hours can spark our most meaningful transformations.

Arazi Pinhas lived most of his childhood on a small Kibbutz in Israel's Galilee region, where he spent his afternoons milking cows, feeding ants, caring for horses, and relishing his complete freedom. For a time, he lived alone along the Indo-Tibetan border in the Himalayas. He attended the University of Pennsylvania, where he obtained his BA in Physics, and was later awarded a Bill & Melinda Gates Scholarship to attend the University of Cambridge, where he earned his PhD in Astronomy in 2019.

It is perhaps this set of seemingly contradictory experiences that helped Pinhas develop a unique voice as a Mystic and Visionary. Informed by both the mysteries of the Universe and the mysteries of his own soul, Pinhas' works invite us to expand our consciousness and to discover the ways in which the external and internal meet both outside and within ourselves.

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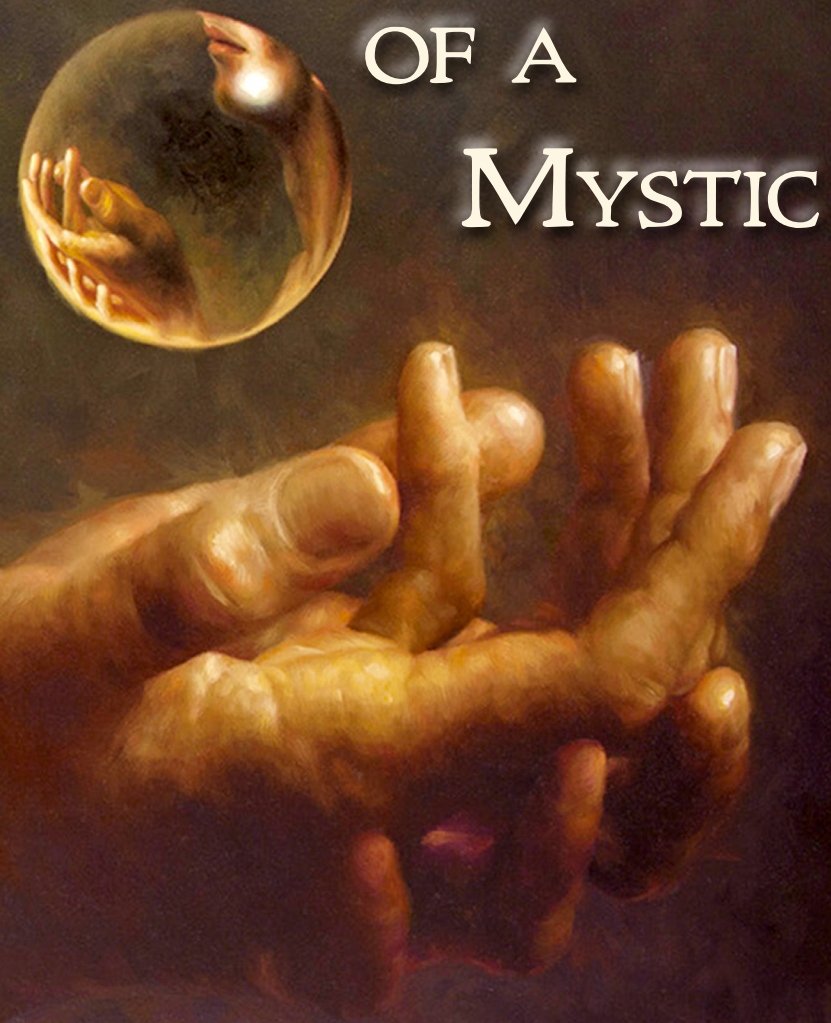

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